



Community Care Lincoln
Supporting our Community

Lincoln & Districts Community Care Association Inc.
16 Lyttelton Street, Lincoln 7608
Phone: (03) 325 2007

Lincoln Wednesday Walk Group programme May - June 2022

4 May 2022	Liffeyfields - Barton Fields - The Grange	Meet at 10.00 am at Community Care Lincoln
11 May 2022	Cashmere riverside loop	Meet at 9:30 am at Community Care Lincoln; car pool to Cashmere
18 May 2022	Liffey Springs	Meet at 10.00 am at Community Care Lincoln
25 May 2022	Travis Wetland	Meet at 9:30 am at Community Care Lincoln; car pool to the wetlands.
1 Jun 2022	Lincoln Walkways	Meet at 10.00 am at Community Care Lincoln
8 Jun 2022	Red Zone Christchurch City	Meet at 9:30 am at Community Care Lincoln; car pool to Glade Avenue, Richmond
15 Jun 2022	Rosemerryn - Flemington	Meet at 10.00 am at Lincoln HQ carpark
22 Jun 2022	West Melton	Meet at 9:30 am at Community Care Lincoln; car pool to West Melton
29 Jun 2022	L1 - Southfield Drive - Te Whariki	Meet at 10.00 am at Community Care Lincoln

***Bad weather may mean that some walks will be changed.
Masks are needed on buses and at cafes.***

For more information contact
Alastair or Jill Smithies 260 1348
or on 021 052 3787 / 021 038 4826

A copy of this schedule can be found at - <http://lincolncomcare.co.nz/senior-exercise-group/>