



Lincoln and Districts  
**Community Care**  
Association Incorporated  
A Registered Charity

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## December 2017 Newsletter



**DECEMBER – 2017 is rapidly drawing to a close,** on behalf of our Board and staff we would like to thank the residents of Lincoln and surrounds, the Lincoln Rotary Club and our wonderful volunteers for your ongoing support, inspiration and encouragement.



"We make a living by what we get, but we make a life by what we give."

~Winston Churchill

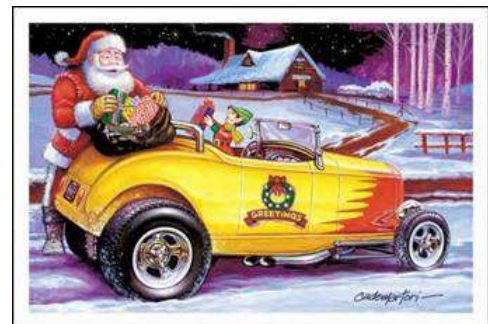
**SAYGO (Steady As You Go) EXERCISE classes** – our weekly Wednesday sessions delivered by Christine from Age Concern are proving very popular. The final class will be on 20<sup>th</sup> December at 1.30pm – come along, try it out and get enthused for 2018. Due to the increased interest, we are intending to set up a new group – in The Lodge at Barton Fields. Call Lois on 325 2007 to register your interest and we call you when they commence – possibly as early as December.

**There is a small fee of \$2.00 per**

**session.**



**CHRISTMAS gift solution for an ELDERLY relative or neighbour –** have you ever considered purchasing frozen meals as a gift? They are a great standby to have in the freezer for those "off" days. We have frozen meals and desserts for sale for a small cost...why not purchase a dozen and make someones' Christmas? All dietary needs are catered for. Call Janet on 325 2007 to learn more and place your order.



*If your car could travel at the speed of light, would your headlights work?*

**CURTAIN BANK** – did you know your old (clean and tidy) curtains can be donated to a worthy cause? Community Every Action volunteers remake them to fit the windows of people who cannot afford to purchase their own. In the front foyer of our office at 16 Lyttelton Street, Lincoln, is a bright blue bin where you can drop your unwanted curtains during office hours – 8.30am to 4.30pm, thank you.



*Q – how do you tell when you are out of invisible ink?*



**CHRISTMAS closure** – our office will be closed over the Christmas / New year break from 12 midday 22<sup>nd</sup> December until Wednesday 3<sup>rd</sup> January.



We wish everyone a restful festive season away from the hustle and bustle of everyday living. May you create special memories with family and friends, be kind to your neighbours, cherish peace and look forward to a superb New Year.



The Lincoln Community Care team.