

September 2018 Newsletter

Health Community Worker

Pegasus Health has been working with LCCC for several years. They have supported the services of a Community worker to work with local general practices to improve the access to healthcare for Maori, Pacific Peoples and lower income people within our Community.

Partnership Community Health Worker (PCW) Dawn Roberts works with the medical practices in Lincoln, Leeston, Templeton, Darfield and Rolleston to identify those in the wider Selwyn District who are in need of medical help but unable to access this help for various reasons. This could include barriers such as transport, finances, fear or anxiety just to name a few.

PCW roles include assisting clients to attend appointments, link clients with community support services, support addressing other needs impacting on their health such as benefits or social isolation. Potential clients are able to self-refer. Dawn has an office at the Community Care Centre and can be contacted on 325 2007 or 021 906 913 or by emailing pcw@lincolncomcare.co.nz

Driving Mentors Needed



Do you like working with Young People and have 2-3 hours per week available?

Are you a Safe Courteous Driver that is willing and able to impart your skills?

We Need YOU. Full training and support is provided.

For more information please phone 325 2007 or email servicesdevelopment@lincolncomcare.co.nz

Plot to Pot

Ben Hogan of The Laboratory ran a fabulous session in August – Tips and Tricks of a Master Chef – demonstrating skills such as how to cook the perfect steak, delightful eggs – boiled, poached or scrambled, easy breads to make in the home and other valued tips.

15th September – Worm Farming presented by Sharon Breakwell of Waste Busters Trust, Ashburton. She will be covering how to establish your own worm farm, good foods for worms, what NOT to give them and how to use the worm excretion. For more information contact Ruth Wood ph 325 2193 or email ruth.wood@xtra.co.nz

