



Community Care Lincoln
Supporting our Community

Lincoln & Districts Community Care Association Inc.
16 Lyttelton Street, Lincoln 7608
Phone: (03) 325 2007

Lincoln Wednesday Walk Group programme July - September 2023

5 Jul 2023	Tai Tapu - township	Meet at 9:30 am	at Community Care Lincoln; car pool to Tai Tapu
12 Jul 2023	L1 - Southfield - Blunden - Gerald	Meet at 10.00 am	at Community Care Lincoln
19 Jul 2023	Mid Winter Lunch - Partners Welcome -	Meet at 12:30 pm	at The Good Home Prebbleton. Meet in time to have lunch at 12:30pm. Numbers to Jill by 12 July.
26 Jul 2023	Prebbleton	Meet at 9:30 am	at Community Care Lincoln; car pool to Prebbleton. Coffee at Summerset Retirement Village.
2 Aug 2023	Flemington - Barton Fields	Meet at 10.00 am	at Community Care Lincoln
9 Aug 2023	Faringdon - Rolleston	Meet at 9:30 am	at Community Care Lincoln; car pool to Faringdon-Rolleston
16 Aug 2023	L1 - Southfield Drive - Te Whariki	Meet at 10.00 am	at Community Care Lincoln
23 Aug 2023	Wigram Skies	Meet at 9:35 am	at Community Care Lincoln; car pool to LeBakerman Café, Wigram Road
30 Aug 2023	Lenister-Flemington-Liffeyfields	Meet at 10.00 am	at Community Care Lincoln
6 Sep 2023	Westlake Reserve	Meet at 9:30 am	at Community Care Lincoln; car pool to Halswell/Longhurst
13 Sep 2023	Te Whariki - Springs	Meet at 10.00 am	at Community Care Lincoln
20 Sep 2023	Hagley Park	Meet at 9:35 am	at the bus stop near the Famous Grouse; bus to Hagley Park
27 Sep 2023	Liffey Springs	Meet at 10.00 am	at Community Care Lincoln

For more information contact

Alastair or Jill Smithies
or on

260 1348

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A copy of this schedule can be found at - <http://lincolncomcare.co.nz/senior-exercise-group/>