



**Community Care Lincoln**  
Supporting our Community

Lincoln & Districts Community Care Association Inc.  
16 Lyttelton Street, Lincoln 7608  
Phone: (03) 325 2007

## Lincoln Wednesday Walk Group programme January - March 2024

17 Jan 2024	<b>L1 - Southfield Drive - Te Whariki</b>	Meet at 10.00 am	at Community Care Lincoln
24 Jan 2024	<b>Halswell</b>	Meet at 9:30 am	at Community Care Lincoln; car pool to Halswell. Coffee at Banbury Park.
31 Jan 2024	<b>Lenister-Flemington-Liffeyfields</b>	Meet at 10.00 am	at Community Care Lincoln
7 Feb 2024	<b>Hansens Park at Opawa</b>	Meet at 9:30 am	at Community Care Lincoln; car pool to Opawa
14 Feb 2024	<b>Te Whariki - Springs</b>	Meet at 10.00 am	at Community Care Lincoln
21 Feb 2024	<b>Westlake Reserve</b>	Meet at 9:30 am	at Community Care Lincoln; car pool to Halswell/Longhurst
28 Feb 2024	<b>Liffey Springs</b>	Meet at 10.00 am	at Community Care Lincoln
6 Mar 2024	<b>Prebbleton</b>	Meet at 9:35 am	at the bus stop near the Famous Grouse; bus to Prebbleton
13 Mar 2024	<b>Lincoln Walkways</b>	Meet at 10.00 am	at Community Care Lincoln
20 Mar 2024	<b>Halswell Quarry (2 options: an uphill or a flat walk)</b>	Meet at 9:30 am	at Community Care Lincoln; car pool to Halswell
27 Mar 2024	<b>Southfield Drive - Rosemerryn</b>	Meet at 10.00 am	at Community Care Lincoln

For more information contact  
Alastair 021 052 3787 or Jill 021 038 4826

A copy of this walk schedule can be found at - <http://lincolncomcare.co.nz/senior-exercise-group/>