

January 2017 – a year presenting us with new perspectives, new challenges, new acquaintances, new adventures and new opportunities. Face them full on with positivity.

International SUPPORT groups –2017: we have a number of free SAGES support groups for international people (both from the University and Lincoln township) such as a Young Mothers group (Mums Together), Learning to garden, Learning to Bake, Learning to Sew. Soon to be established will be Conversational English, Art for Beginners, Connecting the Generations and Driver Confidence. Registrations of interest for these can be made by calling 325 2007. We are always open to other requests of support or ideas.



LAUNCH of Lincolns’ “Connecting the Generations” project:

After feedback about a desire to connect families with the ‘young at heart’, Lincoln Community Care, Lincoln Plunket, Lincoln Toy Library and Lincoln Play Centre have come together to facilitate an exciting community project to enrich the lives of local families.

Many people have moved away from their extended family members who live in another country or a different city or township.

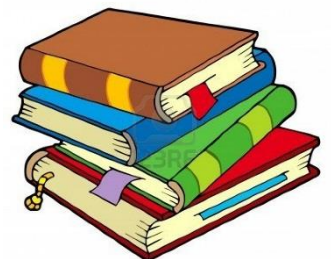


Connecting the Generations is a means to bridge that gap - for younger families to connect with the older generation and vice versa. There are potential opportunities to share in fun activities, impart knowledge and learn together or welcome someone new into your life to just ‘hang out’ with.

We welcome young and not so young to come along to our FREE community sausage sizzle on Friday February 24th at 3.15pm at the Lincoln Plunket rooms to share your ideas about how this project should look. Representatives from the groups will mingle with attendees to chat about our thoughts for the project and ask for your ideas.

Lincoln Garden Club: Brian and Alana are looking for likeminded people interested in starting a garden club for Lincoln residents. Please give them a call on 3380859 so they can get your opinion on days, times and format. It is anticipated the club could organise garden visits, talks, demonstrations and plant sales.

Second Hand Books:- did you know that our Reception area (at 16 Lyttelton Street) has a wide range of books available for a small donation? Everything from cooking, crafts, autobiographies, to travel books, children’s books and novels. Call in and have a browse -donations go towards purchasing goods for those in need.



Free Senior Chef classes: do you or someone you know need help cooking for one or two? This free 8-week course for adults assists you to gain new skills – learn to eat well, plan menus, budget your food bills and feel motivated by experiencing new recipes. Register now for the Lincoln series commencing at the Events Centre on

Thursday 2nd February from 11am to 2pm.
The series finishes on 23rd March. Contact
Lois on 325 2007 or Gemma on

374 1639. The sessions are hands on – you
learn to cook the food then share a meal
together.



“From the Plot to the Pot”: our collaborative venture with a number of invited local groups will be announced in the next Lincoln Newsletter. Keep your eyes peeled because this is one opportunity you will not want to miss out on.

Until then enjoy our summer, the Lincoln Community Care team.