



FREE INTERNATIONAL SUPPORT GROUPS, 2017

***each service is available in your own home or in a group setting*

CONVERSATIONAL ENGLISH –every Thursday from 4.00pm until 5.30pm at Lincoln Community Care, 16 Lyttelton Street (just behind the Lincoln Library on the main street in the township). Friendly, relaxed, informal group sessions to help improve your communication with English speaking people. For beginners and advanced English speakers.

LEARNING to SEW – experienced mentors help you to learn to sew articles for yourself and your family. Learn a new skill and save money. These one on one sessions occur at The Workshop building. Call 325 2007 so we can allocate you a mentor.

LEARNING to KNIT – experienced mentors will come to your home to teach you to knit warm garments for your family for the winter.

LEARNING to GARDEN – vegetables or flowers. Assistance to learn to prepare the soil, grow and care for the seeds or plants. Develop your own garden and enjoy eating your own home grown vegetables.

LEARNING to BAKE – cakes, muffins, biscuits, scones. An experienced mentor will come to your home and teach you to bake tasty treats to share with your family and friends.

BASIC ART CLASSES – for children and for adults – develop your hidden talent. Our Tutors will support you to improve your skills in an encouraging, learning environment.

WALKING group - every Wednesday at 1pm. Meet outside the Recreation Centre (University Gym) and join Instructor Penelope for a 45 minute walk around the campus. Wear comfortable footwear, bring your drink bottle, your friends and family.

CONNECTING the GENERATIONS – do you miss having Grandparents in your family? We have quarterly events in June, November and February – share fun activities, impart knowledge, learn together.

DRIVER CONFIDENCE – support to feel confident driving on New Zealand roads. Learn the road regulations, practice your driving skills. You are required to have your Learners Licence and a vehicle with its' current Registration and Warrant of Fitness.

For enquiries or information about joining any of our groups

contact our Services Development Coordinator

Lincoln Community Care, 16 Lyttelton Street, Lincoln

Ph: 325 2007 or 027 488 6698

Email: servicesdevelopment@lincolncomcare.co.nz

www.lincolncommunitycare.co.nz

FB: lincolncommunitycare