

Lincoln & Districts Community Care Association Inc. 16 Lyttelton Street, Lincoln 7608 Phone: (03) 325 2007

## Lincoln Wednesday Walking Group programme January to March 2025

15 Jan 2025	Lincoln Wetlands	Meet at	10.00 am	at The Pantry carpark, Rosemerryn
22 Jan 2025	Broadfield Garden - TAKE LUNCH	Meet at 10:30 am		at Community Care Lincoln; car pool to 250 Selwyn Road
29 Jan 2025	Lincoln Walkways	Meet at	10.00 am	at Community Care Lincoln
5 Feb 2025	Boundary Road-Cemetery- Barton-Oaks	Meet at	10.00 am	at Community Care Lincoln
12 Feb 2025	Liffey Stream - Te Whariki	Meet at	10.00 am	at Community Care Lincoln
19 Feb 2025	Prebbleton	Meet at	9:35 am	at the bus stop near the Lincoln Library; bus to Prebbleton
26 Feb 2025	Southfield Drive - Rosemerryn	Meet at	10.00 am	at Community Care Lincoln
5 Mar 2025	L1 - Southfield - Blunden - Gerald	Meet at	10.00 am	at Community Care Lincoln
12 Mar 2025	Redcliffs to Scarborough - TAKE LUNCH	Meet at	9:30 am	at Community Care Lincoln; car pool to Tidal Road, park near the Ferrymead Bridge. Walk to Scarborough, have lunch then return to the cars by bus.
19 Mar 2025	Liffey Springs	Meet at	10.00 am	at Community Care Lincoln
26 Mar 2025	Flemington - Barton Fields	Meet at	10.00 am	at Community Care Lincoln

If the weather is bad, meet as scheduled and we will decide whether to go for a walk or just go to a café for coffee.

For more information contact Alastair - 021 052 3787 or Jill - 021 038 4826

A copy of this schedule can be found at - http://lincolncomcare.co.nz/senior-exercise-group/