

Lincoln Wednesday Walking Group programme July to September 2025

| 2 Jul 2025 | Mid Winter Lunch - numbers by 25 June please. | | Lunch at 12:30pm at The Bridge, Prebbleton |
|--------------|-----------------------------------------------|------------------|-----------------------------------------------|
| 9 Jul 2025 | Boundary-Cemetery-Barton- Oaks | Meet at 10.00 am | at CCL |
| 16 Jul 2025 | Liffey Stream - Te Whariki | Meet at 10.00 am | at CCL |
| 23 Jul 2025 | Avon River City Walk | Meet at 9:35 am | at the library bus stop; bus to the City |
| 30 Jul 2025 | Lenister-Flemington- Liffeyfields | Meet at 10.00 am | at CCL |
| 6 Aug 2025 | Somewhere in Lincoln | Meet at 10.00 am | at CCL, walk route to be decided on the day |
| 13 Aug 2025 | Somewhere in Lincoln | Meet at 10.00 am | at CCL, walk route to be decided on the day |
| 20 Aug 2025 | Somewhere in Lincoln | Meet at 10.00 am | at CCL, walk route to be decided on the day |
| 27 Aug 2025 | Somewhere in Lincoln | Meet at 10.00 am | at CCL, walk route to be decided on the day |
| 3 Sept 2025 | Cashmere riverside loop | Meet at 9:30 am | at CCL; car pool to Cashmere |
| 10 Sept 2025 | Lincoln Walkways | Meet at 10.00 am | at CCL |
| 17 Sept 2025 | Hagley Park | Meet at 9:35 am | at the Library bus stop; bus to the Park |
| 24 Sept 2025 | Boundary-Cemetery-Barton- Oaks | Meet at 10.00 am | at CCL |
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If the weather is bad, meet as scheduled and we will decide whether to go for a walk or just go to a café for coffee.

For more information contact Alastair - 021 052 3787 or Jill - 021 038 4826

A copy of this schedule can be found at - http://lincolncomcare.co.nz/senior-exercise-group/